

Continuing Education Center
777 Grandview Drive, Kalispell, MT 59901 www.fvcc.edu
406-756-3832



## **Keeping Healthy Naturally**

Your health is your most important asset. How do you avoid infections and prevent chronic disease? Learn what the body needs and what damages the body. Explore foods and herbs that will help you raise the odds against disease.

Wednesdays, September 18 - October 23, 6:30-8:30 p.m. \$69

## Prevention and Healing with Herbs: Advanced Herbal Studies

Are you knowledgeable about how the body functions and what causes disease? Do you understand the basic use of herbs as food and medicine? If so, this class is for you. Learn to use herbs to prevent disease and to help the body heal dysfunctions. Prerequisite: Must have taken one of Peterson's previous classes or obtain approval from Peterson.

Thursdays, September 19 - October 24, 6:30-8:30 p.m. \$69

Classes are taught by Linda Peterson. With a background of over 25 years of elementary teaching experience, Linda continued her education to earn a Diploma in Homeopathy from The British Institute of Homeopathy, a Nutrition Consultant Certificate from Global College of Natural Medicine, and a Chartered Herbalist Certificate from Dominion Herbal College.

Registration Information	Last Name Middle	e
WALK IN to our office in the Arts & Technology Building at 777 Grandview Drive, Kalispell	Sex: F M BirthdateAddress	
FAX your registration with credit card information: 756-3351.	City         State           Phone (H)         (W)	_Zip
PHONE: 756-3832 - We accept MasterCard, Visa and American Express.	E-mail	Date_ Fee
MAIL IN this registration form with your check, payable to Flathead Valley Community College (FVCC)		
Register Online at www.fvcc.edu Click on Continuing Education link.	Credit Card: Visa MC Am. Exp. Card #:	
Attn: Continuing Education Center 777 Grandview Drive • Kalispell, MT 59901 • 756-3832	Exp. Date: Authorized signature:	